



DISCOVER YOUR STRENGTHS NOW WORKSHOP

DEVELOPMENT WORKSHOP

Our affirming, interactive, and educational workshop is a perfect introduction to strengths and provides the tools and experience they need to better understand yourself and your talents. Learn about Gallup research behind the strengths movement, including how and why a focus on strengths increases engagement, teamwork, and productivity. Leave with concrete ideas and suggestions to keep your awareness growing and apply your talent themes in real-life situations.

UNLOCK YOUR POTENTIAL

Live Virtual workshop, 2-hour program

- Interactive program, conversations and activities
- Assessment code to unlock your CliftonStrengths® Top 5 profile
- Custom reports, online training content
- Resources to support each module

Dates – register by Friday April 17th, 2020

Workshop will take place via Zoom videoconference **April 29th, 12-2pm**

WHO SHOULD ATTEND

Anyone who wants proven strategies to unlock the people pillar of lean manufacturing. Drive new levels of team performance, based on over 50 years of research into workplace excellence.

Unlock your potential to bring your leadership and team performance to new heights!

PROVEN RESULTS

Teams who use strengths-based feedback yield

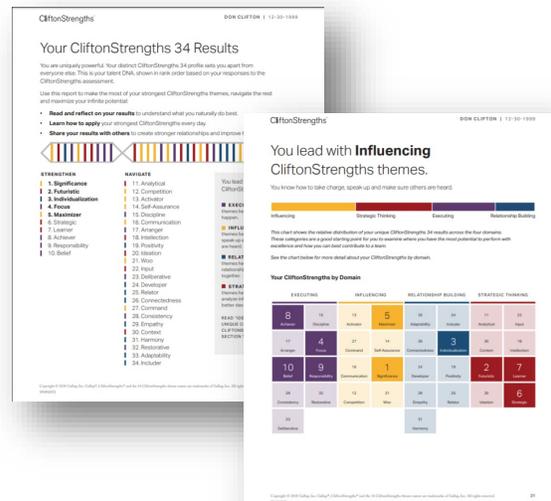
12.5% greater productivity

8.9% greater profitability

RATES

\$195 – Individual

\$50 – NELC Members



[Register here](#) for the workshop

Why Strengths?

Strengths-based development is a proven model to improve performance on crucial business outcomes. A Gallup meta-analysis study of 1.2 million employees in seven industries and 45 countries found:



*The Relationship Between Strengths-Based Employee Development and Organizational Outcomes
Gallup 2015 Strengths Meta-Analysis Study*

Strengths Now partners with organizations to custom design leadership development programs which align with your company's unique culture and goals.

Contact us to discover more ways to bring out the best in your people!

[Register here](#) for the workshop

If you have questions, please contact us:

info@strengthsNOW.com

617-817-6344

Our Clients Include

Thermo Fisher Scientific
Nasdaq
Johnson & Johnson
Harvard University Chan School of Public Health
Biogen
Bentley University
MIT
Kaplan Test Prep
WGBH
U.S. Department of Labor, Office of the Solicitor
Clarks Shoes
Legrand North America
Wellington Management
Biztory

Brown University
Children's National Health System
Novantas
US Patent and Trade Organization
Orchard Therapeutics
The End Fund
David Yurman Jewelers
International Association of Privacy Professionals
The McCain Institute for International Leadership
JP Morgan Chase
Middlesex Saving Bank
Argenta Advisors
Boston Medical Center
Lonza Biologics

What Our Clients are Saying

"My experience in working with Sara at Strengths Now has been exceptional compared to every other consultant I've worked with during my twenty-year tenure at Johnson & Johnson. Often times when working with consultants any customization request meets with resistance and exorbitant costs. Sara has customized four programs for four very different teams across North America and all within budget. Strengths Now has provided group and 1:1 coaching for individual contributors as well as senior leadership. Despite the diverse groups, the feedback from the participants has been consistently positive with requests for more. Leaders are empowered to coach and guide their teams while everyone's engagement increases. It's not often that after a training initiative that people look for ways to pull through new behaviors or skills on their own, but after wrapping up work with Strengths Now the participants have proactively sought out ways to further imbed StrengthsFinder into the culture. The enthusiasm is contagious."

Jill Fox, Sr. Manager, Learning & Development for the Americas, Johnson & Johnson

"We recently hired Sara from Strengths Now to provide a half-day workshop for our executive team. Sara is an outstanding presenter and her style was a perfect match for our group of 40 leaders. The workshop exceeded our expectations and many leaders are requesting workshops for their own areas. Sara built trust quickly with many different personalities in the workshop and in follow-up coaching sessions. I highly recommend the Strengths Now team if you are looking to increase collaboration across your organization, break down silos or build a stronger leadership team."

Sandra Hughes, AVP Global Talent Management, Nasdaq

"Working with Jessica as a personal coach has been transformational for me as a leader. I walk away from every single coaching session feeling more confident and empowered as a leader. Jessica has provided me with tools to use to continue to improve my ability to use my strengths intentionally. During my transition into an executive role, the coaching I received from Jessica helped me modify the way I approached situations based on the change in my role and responsibilities. I have also started using Jessica with members of my team (all at different levels- analyst, manager, director) that are transitioning into larger scope roles. Getting strengths-based coaching from Jessica was one of the best decisions I have made for my personal development!"

Kara Faford, Vice President Commercial Finance, Thermo Fisher Scientific

"We hired Jim to take our safety trainings and make them interactive and accessible. He took complex, technical, information and made it really easy to understand. He is consulting us to create a sustainable culture of safety as an organization. Jim is truly an expert in manufacturing and training/organizational change. He is also a pleasure to work with; he is extremely responsive, delivers work ahead of deadlines, and brings creative ideas to his work. He delivered much more than we hoped."

Jamie Librot, Director, Talent Management, Sabert Corporation

"This has been an extremely valuable tool to better understand not only myself, but how my skills match up to others in the organization and how my skills can best work within my team. Outstanding; best training I've ever done with our organization. It is showing up in my life in so many positive ways."

Participant, LifeScan

"I cannot recommend Sara and Amy highly enough after the comprehensive work they did with my team this spring using the Gallup Strength Finders Assessment. The exercises allowed all of us to better understand ourselves as individuals and in the context of our team which led to greater awareness and productivity...and provided for a lot of fun along the way. I saw many of the strengths referenced in annual reviews I read just weeks after our work together which demonstrated to me what a powerful framework the assessment provided and how quickly the team internalized what they learned. The knowledge we now share will continue to fuel our high-functioning team."

VP and Chief Marketing Officer, Healthcare Organization

"We hired Amy to spend a day with our Leadership Team to have her help us learn how to work together. We weren't exactly sure what to expect or what the outcome will be. Some team members thought it was going to be "gimmicky" and weren't really sure of the value. Well - we could not be more pleased. A month later, we are STILL referencing what we learned. We understand each other and support each other by referencing our strengths. Our team continues to say that our day with Amy was the best spent time we've ever had in a training session. We cannot recommend Strengths Now strongly enough!"

Dr. Debbie Sasson, Director Camp Akeela

"I loved the simplicity of the program, the ease to fully understand each strength, and the application of how each strength should be managed. It was truly the best program that I have ever gone through."

Participant, LifeScan

Our Team



Sara was one of the first dozen people world-wide to become a Certified CliftonStrengths Coach by the Gallup Organization. She is a seasoned coach, facilitator, and organizational development specialist. Sara has coached hundreds of people, helping them leverage their unique talents to have greater impact and find meaning in their work. Oftentimes she serves as a “strengths translator” who can jump start communication and understanding in critical partnerships in the workplace. Sara has coached clients on both Fortunes’ List of The World’s 50 Greatest Leaders and on Forbes’ list of the World’s Most Powerful Women.

Sara has earned a certification from Gallup’s High-Performance Management Course and the Accelerated Strengths Coaching Course. Sara has a master’s degree in Psychology from Northeastern University and has done extensive research on leadership, management, and organizational behavior. She served as an associate dean at Berklee College of Music, where she worked for 12 years before launching her own company.

Sara’s Top 5 strengths are: Strategic, Relator, Individualization, Connectedness, Learner

Jim Ball, Vice President



Jim has a passion for developing talent, creating leaders, and bringing out the best in people. With over 17 years leadership experience, he has successfully transformed cultures, built sustainable leadership networks, and consistently delivered outstanding results. As a Gallup Certified Strengths coach, Jim has logged hundreds of hours of coaching and delivered over thousands of hours of training to bring out the very best in people, create highly engaged teams, and achieve top-tier performance for his clients to gain a competitive advantage in their industries. By focusing on natural talent and strengths, leaders can reach that new level of performance.

Having proudly served as a US Army Ranger, Company Commander, Infantry and Logistics Officer, Jim thrives in a high-stakes environment where successful performance leads to meaningful impact, and he knows how to coach others to perform under pressure. Jim holds an MBA from D’Amore-McKim School of Business at Northeastern University and a BS in Physics from Boston College. He is an Associate Certified Coach through the International Coach Federation, and a Change Cycle certified trainer. He has completed courses in Advanced CliftonStrengths® Coaching, Coaching Builder Talents for Entrepreneurs, and Creating an Engaging Workforce for Engagement Champions.

Jim’s Top 5 strengths are: Futuristic, Strategic, Activator, Command, Significance

Jessica Selchan, Consultant



Jessica is a Gallup Certified Strengths Coach who expertly serves individuals and teams navigating through career and organizational change. She knows that having the desire and determination to be successful is not enough. The added edge comes from being aware of one’s unique talents and creating a plan to hone that power. Her expert training skills combined with her deep understanding of leadership coaching and transition management make her a top-notch consultant and coach. So many people wish they’d had access to their StrengthsFinder profile earlier in life and Jessica was no exception. Thus, she became committed to helping clients use this transformational tool at critical milestones in their career to help them develop best-in-class competencies.

Clients appreciate Jessica’s calming energy and ability to meet them where they are. She listens. Her true gift is her ability to intuitively uncover the unique drivers that can produce outstanding results. She has an extensive background in marketing and worked for 15 years promoting leadership development services to executives and their teams. She draws upon experience leading a team and navigating through high growth phases, downturns and staff reductions. Jessica has a marketing degree from Bentley University and is a member of the International Positive Psychology Association (IPPAnetwork.org).

Jessica’s Top 5 strengths are: Individualization, Maximizer, Connectedness, Developer, Empathy